

# Soul Food for Jewish Living

Parenting Strategies from  
Jill Weininger



9:30 - 11:30 am

Sunday, October 30, 2016

Interactive workshop to discuss parenting strategies you can implement immediately in your home to decrease conflict and increase "Shalom Bayit" (peace in the home).

Sunday, April 30, 2017

Learn techniques to build up your parenting skills. Discussion on strategies that can put the fun back into parenting and help you to calmly put an end to arguing, whining and bickering.

*Take your kids to religious school and stay to Expand Your Parenting Tool Kit!*

## Raising Children in Today's World

9:45 - 11:15 am

Sunday, January 29, 2017

Tracey Lipsig Kite, LCSW

Jewish wisdom tells us that the job of a parent is to raise children to be good people. What does that mean? Do you have a mission statement for raising kids? What does more recent literature tell us about raising kids to be successful in today's world?

*Take your kids to religious school and stay to participate in this program.*

Millennial Group

Saturday, November 19, 2016

7:00 pm

North Branch 4520 W. Lake Street Glenview [northbranchglenview.com](http://northbranchglenview.com)

Are you: 25-35 years old? Single, newly engaged or newly married? Living in or moving to the suburbs? If you answered YES to one of the above, the newly formed Millennial Group would like to meet you! Join us for drinks and dinner! Non-Temple members invited to attend.

RSVP by Wednesday, November 16: Daniella Lewis [dsdubrow@gmail.com](mailto:dsdubrow@gmail.com)



## 2016 - 2017 Welcome Table

\$15/person - Temple Members

\$18/person - Non-Members

Sunday, November 20

5:30 pm

Dinner & Sports Night with Jeff Simon, rugby coach for the U.S. Maccabi Team

Sunday, February 19

2:00 pm

Book Review with Rabbi Weissberg - *American Isaiah*

Sunday, March 19

5:30 pm

Dinner & Movie Night - *Deli Man*

Sunday, May 21

5:30 pm

Dinner & Movie Night - *Son of Saul*

# Soul Food for Jewish Living

## Mimosas and uffins

Join Us  
November 6 9:30 am  
Temple Beth-El

Get to know other young women in our Temple Beth-El community and enjoy Abby Masinter sharing her Stella & Dot jewelry.

This is the first of many fun Sunday events we'll be doing each month to get all young moms and women in the community together.

For questions contact:

Laurie Parfitt

[laurieprt@aol.com](mailto:laurieprt@aol.com)

Jodi Schulman

[jodischulman@accountingprincipals.com](mailto:jodischulman@accountingprincipals.com)



TBE offers a significant number of Adult Opportunities well beyond the ones noted in this brochure. Check the monthly Bulletin for upcoming events. Listed below is the contact information for other opportunities.



### Men's Club

Ric Bachrach, President  
[rbachrach800@aol.com](mailto:rbachrach800@aol.com)

Sisterhood  
Amy Tuchler  
[amytuchler@yahoo.com](mailto:amytuchler@yahoo.com)



Tikkun Olam Opportunities  
Linda Lopata  
[llopata@templebeth-el.org](mailto:llopata@templebeth-el.org)

If you are interested in joining the TBE adult choir or the band, please contact Cantor Faryn Rudnick  
[cantor@templebeth-el.org](mailto:cantor@templebeth-el.org)



Special interest focus groups will be taking place at TBE throughout the year. Watch your e-blasts for dates!